

# Welcome to A Taste of Harmony 2018

We're delighted you'll be joining our table for this year's A Taste of Harmony.

Here's all the information you need to ensure your A Taste of Harmony event is a success.

#### A Taste of What Makes Us Great

For 2018, the A Taste of Harmony theme is **'A taste of what makes us great'**. Follow these simple steps to spread the word through your workplace, create some excitement on the day and inspire people to share their favourite cultural cuisines with their colleagues.

#### Four easy steps to A Taste of Harmony success:

- 1. Start planning
- Spread the word
- 3. A host with the most
- 4. Share your success

"We found the national anthem for each dish's country of origin and read out the words."

LEAH, OZ MEDIA

### ] START PLANNING

You've registered your workplace – next you need to set a date. In 2018, A Taste of Harmony runs from Monday 19 March to Thursday 29 March.

Pick a date during those two weeks and you're ready to start planning.

#### What kind of event will you host?

Choosing the kind of event you host depends on your workplace. If your colleagues are shift workers, work off-site or are too busy to attend a lunchtime event, you might need to get a bit creative in finding a way to bring everyone together.

Don't forget to book the space or venue you're going to use on the day.

#### Here are some ideas:

- Turn your weekly or monthly team meeting into a lunchtime cultural celebration where everyone brings a dish to share with the team.
- Host a morning or afternoon tea instead of lunch and serve snacks and treats from different countries.
- Host a team dinner at a local international restaurant or just order takeaway to share in the office.
- If your workplace is full of sweet tooths, have a dessert bake-off. Or if they're a health-conscious bunch, try a 'salad-off' instead.

We have more event ideas at tasteofharmony.org.au

Whatever kind of event you choose, remember the goal of A Taste of Harmony is creating opportunities for people to share stories about their culture.

If you're not sure how to get people talking at your workplace, we have some hints over the page.

SHARE A WORLD OF FOOD AND CULTURE AT WORK





Join us at the table 19 - 29 March 2018 Visit tasteofharmony.org.au

## 2 SPREAD THE WORD

Once you know when and where you're having the event, it's time to spread the word. As a registered A Taste of Harmony participant, you have access to the online toolkit where you can download posters, flyers, videos and event information for your internal newsletter to use to promote your event.

Put up posters and flyers, arrange to have the event information put in your newsletter and the video uploaded to your intranet – anything you can do to get people interested and involved is going to help your event.

Visit **tasteofharmony.org.au** and start spreading the word.

# **3** A HOST WITH THE MOST

Getting your colleagues together for a meal is at the heart of A Taste of Harmony. But you might want to bring a bit more fun to the event. Activities, games and quizzes can help break the ice and get people talking together.

# Try some of these ideas to take you're a Taste of Harmony event to the next level:

- Play different music from around the world and invite people to guess where the music is from – you can even stream tunes direct from our website.
- Fly national flags using our online flag generator. Just print off the flags you'd like and use them to decorate the room.
- Host a multicultural trivia quiz and give out small prizes. We've even created the questions for you you'll find them at our event hub.
- Collect and share your workmates' recipes using our customisable recipe book.
- Check in online using our Participation Board and add to the map of all A Taste of Harmony participants' cultural heritage.

For more fun, creative event suggestions and ideas see **tasteofharmony.org.au** 

You can also follow us on social media for more ideas in the lead up to the event.

Don't forget to share pictures of your event on Twitter, Facebook and Instagram using @tasteofharmony\_au

And finally, once everyone has arrived at your event, you'll probably want to welcome them with a few words. Not a speechwriter? You don't have to be – you can use our speech and tailor it to your specific event.

Thank you for coming to our A Taste of Harmony event. As you know, this event is about celebrating cultural diversity in Australia. Whether you or your parents were born overseas or you are a third generation Australian, everyone has their own understanding of their culture and what it means to them.

So I encourage you, as you try the different foods on offer, that you ask each other questions about the food – why someone cooked that dish, how and when they eat it at home and what it means to their culture. We don't get many opportunities in our busy days to have these kinds of conversations, so let's make the most of it now.

Enjoy your A Taste of Harmony lunch!

### 4 SHARE YOUR SUCCESS

Let us know how you celebrated A Taste of Harmony in your workplace – share your event ideas and photos with us on Twitter, Facebook and Instagram.

You can also email your A Taste of Harmony event story to: contact@tasteofharmony.org.au

The A Taste of Harmony team wishes you a successful and memorable event in 2018.



@tasteofharmony

SHARE A WORLD OF FOOD AND CULTURE AT WORK

- O @tasteofharmony\_au
- in company/a-taste-of-harmony