



Host an A Taste of Harmony event – in person or virtually!

Food is one of the most accessible ways to experience another culture.

A Taste of Harmony invites workplace teams to get together over morning tea or lunch to try different foods and share stories about their cultural background. Events can be held physically or virtually and don't need to be fancy!

#ATOH21
@tasteofharmony_au



How to get involved

- Register your team via the A Taste of Harmony website.
- Send an invitation to team members and ask them to bring a dish that represents their culture (or just one they love!), or prepare a dish for themselves to showcase online.
- Advertise your event using the promotional materials in the event hub so that everyone can get organised and excited!
- After the event invite team members to share their recipes. You could even create a team cookbook using our A Taste of Harmony template.
- Decorate the room with our international flags and recipe cards or, if your event is virtual, try our special Zoom backgrounds - these materials can all be found on the event hub.
- Follow a loose agenda to ensure the event flows well.
- During the event, allow time for each person to talk about their dish including how they made it and why it is important to them. Alternatively, consider inviting two or three people in advance to tell a story about their heritage.



Tips for a successful event during COVID-19

In light of the world-wide pandemic, we are encouraging all workplaces to ensure any A Taste of Harmony events are COVID-safe.

Some tips include:

- Aim for a small team event (less than twenty people). If your team is bigger in size, consider hosting multiple events within the team.
- BYO drink bottles and use disposable cutlery and paper plates.
- Keep hand sanitiser on the table for use before and after eating.
- Allow plenty of room between people or consider an outdoor option.
- Encourage people to serve themselves.
- As always, we encourage participants to use safe food practices when preparing food as outlined by health authorities. Please take a moment to read this [guide](#).
- Most importantly we encourage all organisations to follow all COVID-19 health advice from the Department of Health.

Remember there are many different activities your workplace can take part in during A Taste of Harmony 2021 to celebrate cultural diversity. [Click here](#) to find out more!