



# Create opportunities for team members to share their stories

A fun way to celebrate A Taste of Harmony is to coordinate a team building activity that gets people talking about their cultural heritage! This is a particularly good option when it is not possible to gather people together in person as it can be done via email or a virtual session.

Here are some ideas to get your creative cogs spinning:

Ask your team to share memories of a cultural event, ceremony or travel via group email or internal comms channel.

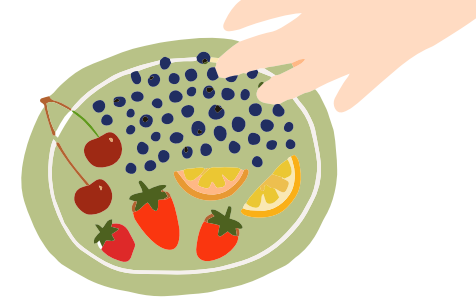
This is super easy to organise, and can be done online, but the impact is powerful! It's also a great way to involve all staff, especially those who may not be confident about standing up and talking in front of large groups!

Here is what to do:

- Send an email to your team or division asking them to share a picture from a culturally diverse event, wedding, festival, ceremony or travel experience and ask them to write a few words about it, or why it is so significant to them.
- You might want to kick off the email chain by sharing your own picture and story.

- You can also encourage the CEO or team leader to get involved by sharing their photo and story (this helps to let employees know that the activity has the support of management).
- Inspire other teams within your organisations to get involved by featuring a story or two on your intranet or other internal communications channels.

Top tip: Once people have returned to the office, they might like to display their photo and accompanying story at their desk, along with their name. This is a great way for people to have a small piece of their culture at work. It also works well when introducing new employees to an organisation.



# Lunch-hour Legends

The people we work with are full of wonderful stories – or ‘legends’ – about their cultural background and most people have at least one story they’d love to share!

To coordinate this activity, set aside an hour at lunchtime, ask everyone to bring their lunch, and encourage at least four people from your team to share the story about their family history, including a dish that represents their culture or one they ate regularly growing up.

Once the story has been shared, team members have the opportunity to ask questions. Given A Taste of Harmony runs over two weeks you may wish to do this once each week or over several 30-minute sessions.

You can also find a range of team-based activities within the A Taste of Harmony website, including:

- **The ultimate culture quiz!** Put your team to the test and find out who has the best cultural knowledge. You can either split into teams or do the quiz individually. It is a great activity that can be done in the workplace, or over a virtual team meeting. Nominate a quiz master to read the questions and remind everyone there are no phones allowed!
- **Start a discussion with our conversation cards.** Striking up a conversation around cultural diversity can be a little daunting which is why we’ve created the A Taste of Harmony conversation cards. With the topics ready, you’ll just need to make time to start a discussion!
- **Game of Scattergories.** How many desserts can you name starting with the letter ‘s’? We have devised our own A Taste of Harmony version of this family favourite. Print and cut out the letters and categories provided and place each in a separate bowl. Grab a blank piece of paper and pull out one letter and one category from each bowl. Then see who can come up with the most answers. It’s harder than you might think!

To access our great resources, [simply register your workplace](#) as taking part in A Taste of Harmony.

