

19 March — 18 April 2026

A Taste of Harmony 2026

Keep the Celebration Going All Month

A Taste of Harmony isn't just about
one meal - it's a whole month to
explore, share and connect.



#ATOH2026



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Most workplaces begin with a shared lunch, but you can keep the momentum going with activities that spark curiosity and create more opportunities for connection.

Here are some ideas to try during the month:

1. Culture board

Set up a noticeboard (or a digital version) where colleagues can post recipes, photos, travel tips, or fun facts about their culture or heritage.

2. Foodie Friday

Pick one Friday each week to share a snack, treat, or drink from a different culture. Keep it small and informal — think biscuits, sweets, or teas.

3. Cultural swap

Encourage colleagues to exchange something small from their culture or travels — a spice mix, a tea blend, a photo, or a piece of music.

4. Five-minute facts

At the start of a meeting, take five minutes for someone to share a short cultural insight — it could be a tradition, a historical event, or a personal story.

5. Cultural map

Blow up a world map and position it in a central location. Invite people to pin their cultural heritage or a place that's meaningful to them.

6. Leadership stories

Ask senior leaders to share their personal cultural stories. This demonstrates that the organisation values cultural diversity from the top down.

7. Around-the-world playlist

Create a shared playlist where everyone adds a song from their culture or a place they've visited. Play it in the office or share it online.

These activities are simple, low-cost ways to keep people engaged — and to keep the spirit of A Taste of Harmony alive throughout the month.

